

APRIL IN PORTUGAL

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RECORD: CAPITOL #6017

PARTING POS.: CP M FC DLC.

ROUND-A-LAB PHASE RATING: Phase V+2

INTRO

1---4 WAIT;; DBL REVERSE; CHANGE OF DIRECTION;

1---2 WAIT;;

3---4 (3) Fwd L trng LF,-, fwd R trng LF, spin LF on R keep some pressure on L toes (W bk R,-, clo L trng LF, sd & fwd R cont trn/XLIF) to CP DLW;(4)Fwd L trng LF,-, fwd R cont LF trn, draw L to R no weight fc. DLC;

PART A (FOX TROT)

1---4 REVERSE WAVE;; OPN IMPETUS (TO SCP); FEATHER;

1---2 (1) Fwd L trng LF,-, fwd & sd R, bk L to fc DRC (W bk R,-, clo L trng LF heel trn, fwd R into M); (2)Bk R trng LF,-,bk L, bk R to end fc RLOD;

3---4 (3)Bk L trng RF,-, clo R cont trn, fwd L to SCP DLC (W fwd R,-,sd & slight bk L trng RF, bring ft tog no wt cont trn fwd R); (4)Thru R,-, fwd & slight sd L, fwd R to contr BJO (W thru L,-,trng LF sd & bk R, bk L);

5---8 ZIG ZAG; HOVER CROSS; FISHTAIL; (SYNCO) SD/CLO,-,-, SD/CLO;

5---6 (5) Fwd L trng LF to fc COH, sd R cont LF trn to Bjo fc DRC, bk L start RF trn, sd & fwd R trng to SCAR fc LOD; (6)Fwd L ck, rec R,sd L trng slight LF, Ck R outside ptr to BJO fc DLC;

7---8 (7) XLIB, sd R trng slight RF, fwg L, lok LIB (W lok IF) to contra BJO fc DLW; (8)Blend to CP & quickly sd L/clo R,-,-,sd L/clo R trng slight LF to CP DLC;

-12 OPN TELEMARK (TO SCP); OPN NATURAL; OUTSIDE SWIVEL & PK UP; (UNDERTURNED)ONE-QUARTER DIAMOND TURN;

9--10 (9)Fwd L trng LF,-,fwd R cont trn, fwd L to SCP DLW(W bk R,-,clo L (trng LF heel trn),fwd R; (10)Fwd R trng RF,-,sd & bk cont trn to fc RLOD,bk R to contra Bjo (W fwd L,-,fwd R between M feet,fwd L);

11-12 (11) Bk L,XRIF of L no wt,fwd R,-(W fwd R swvl RF to SCP,-,fwd L swvl LF to contra Bjo,-);(12)fwd L,-,sd R, bk L with slight LF trn to fc DRW(This is underturned & is only 1/4 of a complete diamond trn);

13-16 CHECK & WEAVE;;WALK-MANUV,-; TURN/CLO,-,-,PIVOT/CLO;

13-14 (13) Ck bk R,-,rec L, sd R with slight LF trn to Bjo fc DRW; (14)Bk L cont LF trn, bk R cont trn,sd & fwd L to Bjo DLW, fwd L;

15-16 (15)Walk fwd L,-,manuv RF stepping R to CP RLOD,-; (16) slight RF trng action stp sd L/clo R to fc DRC,-,-, pivot RF with strong trng action (heel turn) quick L/clo R to CP M fc DLW;

BRIDGE

1---2 SIDE, DRAW,-,-; SIDE, DRAW,-,-;

1---2 (1) sd L, draw R to L slowly over beats 2,3,4; (2)Sd R, draw L to R, start L ft fwd LOD blending to SCP, cont L fwd raising LF slight off floor to SCP/LOD;

PART B (TANGO)

1---4 WALK,-,MANUV,-; X PVT TO SCP(RLOD); FALLAWAY CORTE; PK UP (TANGO DRAW);

1---2 (1) Fwd L,-,fwd R manuv RF to CP RLOD; (2) Bk L trng RF to fc COH,sd LOD R, draw L slowly to R,-;(to CP M fc COH)

3---4 (3)Blend to SC|fc RLOD fallaway corte bk L (W R),-,rec R,-;(4)Fwd L trng LF start pk up,sd RLOD fc wall, draw L to R,- (W start pk up to CP trng LF stp sd & bk R, cont turn stp sd RLOD L, draw R to L,-);to end CP M fc wall

5---8 ADVANCED CORTE;PK UP, SID,DRAW,-; REV TURN; BOX FINISH;

5---6 (5)Corte L COH,-, ad to SCP fc LOD thru R (inside legs should have contact from hip to knee),-;(6)Pk up W to CP M fc DLC fwd L, sd R, draw L,-;

7---8 (7)Start LF trn fwd L, sd & bk R, bk L to Bjo M fc RLOD,-;(8)Cont trn bk R, sd L twd LOD, clo R,-; to end CP M fc wall

INTERLUDE (RUMBA)

---4 OPN BREAK; UNDER ARM TURN; OPN BREAK; X BODY (SYNCO TIMING);

1---2 (1) Rok apt L to LOP fc pos (extend free hand above head), rec R, stp sid L, -; (2) Rok bk R, rec L sd R (W fwd L under joined L/R hands Xing IF of R trng RF, cont turn fwd R, sd L end fc M & COH in LOP fcina);

3---4 (3) Repeat meas 1; (4)Bk R trng LF, rec L to fc LOD,in place R/L,R(W fwd L trng LF fwd & sd R cont LF turn,spot solo spin L/R,L to CP M fc LOD);NOTE: This figure is underturned, M trng 1/4, W trng 1 & 1/4 LF.

PART C (QUICKSTEP)

1---4 QTR TRN PROG CHASSE';; FWD/LOK,FWD,MANUV,SD/CLO;(OVERSPIN TRN & START V-6 SPIN, 2, 3, BK/LOK;

1---2 (1) Fwd L, fwd R trn 1/4 RF, sd L/clo R, sd L with slight trn to fc DRW remain in CP; (2) Bk R fc wall, sd L/clo R, sd L to fc LOD in Bjo,thru R(W bk L);

3---4 (3) Blend to contra Bjo stp fwd L/lok RIB, fwd L, fwd R manu RF, sd L/clo R to CP fc RLOD; (4)Overspin trn L,R,L to fc DRW in contra Bjo, (start V-6) bk R/lok LIF (W XIB);

5---8 CONTINUE V-6 & STP FWD; FWD/LOK, FWD,MANU,SD/CLO;OVERSPIN TRN & STP BK; SD/CLO,-,-,SD/CLO;

5---8 (5) (Cont V-6) bk R, bk L, LF trn quick bk R/fwd L, fwd R(to contra Bjo DLW); (6) Fwd L/lok RIB, fwd L, fwd R manu RF, sd L/clo R to CP RLOD; (7)overspin L,R,L (to fc wall), bk R; (8)Quick sd L/clo R,-,-, sd L/clo R;

REPEAT PART B

PART D (CHA CHA)

1---4 BASIC; UNDERARM TRN(M TRANSITION);BK,REC,FWD/CHA,CHA;START MOD PARALLEL CHASE;

1---2 (1)Blend to bfly rok fwd L,rec R,stp sd L/clo R,sd L(transfer hands to L/L); (2)Rok bk R,rec L,stp sid R,bk L to vars fc LOD(W fwd L XIF of R trng RF, cont trn fwd R,cont trn sd L/clo R,bk L);Note: This is a transition meas. ending with both with RF free.

3---4 (3)Rok bk R, rec L,fwd R/L,R; (4)Fwd L (trn RF),rec fwd R to L VARS travel fwd L/R,L(during the cha action bring joined L/L hands over W head leaving them joined & positioned in front of W "chest");

5---8 (CONT PARALLEL CHASE; (W SPIN)M WALK 4(M transition); APT,REC,WRAP/CHA, CHA; WHEEL,2, UNWRAP/CHA,CHA;

5---6 (5)Repeat action of meas 4 with opposite footwork, handwork & trning directions; (6)Walk fwd L,R,L,R(lead W into RF solo spin by bringing joined R/R hands from in front of her "chest" & over her head W spinning 1 & 1/2 trns L,R,L/R,L to fc M & RLOD. Join hands in mod bfly, i.e:hands in front of shoulder rather than extended in normal bfly);

7---8 (7) Rok apt L,rec R,wrap W LF into normal wrap pos L/R,L, trng 1/4 RF to fc wall; (8)Walk fwd L,R (W bk up), unwrap W R/L,R (release joined M L/W R hands & W unwrap RF to fc M);  
End in bfly pos M fc COH

9--16 REPEAT MEAS 1---8, PART D TO RLOD;:::~::~

ENDING

1---4 FWD/CLO,FWD,FWD/CLO,FWD; TWO TURNING TRIPLES;WALK,MANU,PVT,2;FWD/CLO,FWD,THRU,APT;

1---4 (1)Blend to SCP fc LOD two fwd triples L/R,L,R/L,R;(2)two trng triples L/R,L,R/L,R; (3)in SCP fc LOD walk L, manu RF to fc RLOD R, RF pvt L,R to LCP;(4)Fwd triple L/R,L, thru R, snap apt quickly on last note